

When you need to see a doctor, use LiveHealth Online to have a video visit with a board-certified doctor, 24/7 on your smartphone, tablet or computer with a webcam. It's easy to use and more convenient than a trip to urgent care.

Get started today

It's quick and easy to sign up. Just go to livehealthonline.com or download the free mobile app at Google Play™ or the App StoreSM.

Sign up for free and get:

- Immediate, 24/7 access to doctors.
- Prescriptions sent to the pharmacy of your choice, if needed.1
- Medical care for common health conditions like the flu, a cold, sinus infection, pink eye and more!

Doctors using LiveHealth Online typically charge \$49 or less per visit, depending on your health plan.

Now you can see a therapist or psychologist

LiveHealth Online Psychology

from home, usually in four days or less²

If you're feeling stressed, worried or having a tough time, you can talk to a licensed psychologist or therapist using LiveHealth Online Psychology.

Make your first appointment — when it's easy for you

- Use our free app or go to livehealthonline.com and log in. Select LiveHealth Online Psychology and choose a therapist.
- Or, call **1-844-784-8409** from 7 a.m. to 11 p.m.

Depending on your coverage, the cost of an online therapy visit may be similar to what you would pay for an office visit, considering benefits, copay or coinsurance.

You must be at least 18 years old to see a therapist online.





2 Appointments subject to availability of a therapist. Psychologists or therapists using LiveHealth Online cannot prescribe medications

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. In Moirea Health Plans of Maine, Inc. In Missouri (exclu the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO denefits underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and do not underwritten by HMO Missouri, Inc. RIT and certain affiliates administrative services for self-funded plans and increase administrative servi Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWi), which underwrites or administers the HMO policies; compcare Health Services Insurance Corporation (Compcare), which underwrites or administers the HMO policies; and Compcare and BCBSWi), which underwrites or administers the HMO policies; and Compcare and BCBSWi), which underwrites or administers the PO and indemnity policies; Compcare Health Services Insurance Componition. In Wisconsin (BCBSWi), which underwrites or administers the HMO policies; and Compcare and BCBSWi), which underwrites or administers the Blue Cross and Blue Shield association. ANTHEM is a registered marks of the Blue Cross and Blue Shield Association.