Eligible

If you enroll in a High Deductible Medical Plan with a Health Savings Account (HSA), you're limited in what expenses are reimbursable from your Health Care Spending Account. Until you have met the appropriate annual deductible under your medical plan, you may only submit dental and vision expenses to your Limited Use Health Care Spending Account (LUFSA). Once you've provided an EOB from your medical plan showing you've met your annual deductible, medical and prescription expenses may be reimbursed from your Health Care Flexible Spending Account as of the date you satisfied your medical deductible.

			3	Ineligible Potentially Eligible
Expense	Covered?	More Details		
Abortion	X			
Acne products — Products specifically marketed for and used to treat acne	X			
Acne products — Products used for general hygiene such as facial wash, cleansers, toners, and medicated makeup	X			
Acupuncture — Treatment for a medical condition	X			
Advance payments — Nonrefundable advance payments to a private institution for lifetime care, treatment, and training of a physically or mentally impaired dependent after the death or disability of a legal guardian	X			
Alcohol or drug addiction — Payments to a treatment center for alcohol or drug addiction, including meals and lodging	X			
Allergy prevention products — Products purchased or used to alleviate allergies, such as a pillow, mattress, or vacuum	X			
Allergy testing and shots	X			

			3	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Ambulance service	X			
Arch support — Supportive foot products prescribed by a doctor to treat a medical condition	X			
Artificial limbs	X			
Automobile insurance premiums	X			
Automobile modifications — Modifications include special hand controls and other equipment installed in an automobile for a person with a disability	X			
Birth control pills — Prescribed birth control	X			
Birth control products — Over-the-counter items such as gels and foams	X			
Birth control products — Over-the-counter items such as home pregnancy tests, condoms, and ovulation monitors	X			
Birth control products — Prescribed devices such as diaphragms, IUDs, and Norplant	X			
Blood donation — Costs associated with blood donation, including self-administered blood donations, storage fees, and processing fees	X			
Blood pressure monitors — Costs include electronic monitors and replacement blood pressure cuffs	X			
Body scans	X			

		EligibleIneligiblePotentially Eligible
Expense	Covered?	More Details
Bottled water	X	
Braille books and magazines — Costs are limited to those that exceed regular printed editions	?	You must provide a receipt or advertisement with the price of the regular printed version of the book or magazine and a receipt of the Braille material.
Breast augmentation — Elective procedures that do not promote proper functioning of the body or prevent or treat an illness or disease. Examples include implants and injections	X	
Breast feeding classes	X	
Breast pumps — Pump prescribed by a doctor for a medical reason	X	
Chelation therapy — Therapy used to treat a medical condition, such as lead poisoning	X	
Childbirth classes — Classes necessary to reduce pain during labor and delivery (Lamaze, for example)	X	
Chiropractor — Treatment for a medical condition	X	
Christian Science practitioner — Expenses paid to a practitioner for medical care	X	
COBRA premiums — Premiums paid on an after tax basis for continuation of group medical, dental, or vision coverage	X	
Contact lenses — Including cases and enzyme cleaners	V	

			⊘ ⊘	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Cosmetic services and products — Surgery that isn't medically necessary. Examples include liposuction, hair transplants, electrolysis, laser treatments, and face-lifts	X			
Cosmetic services and products — Those necessary to improve a deformity related to a congenital abnormality or an injury resulting from an accident, trauma, or disfiguring disease (post-mastectomy reconstructive surgery, for example)				
Counseling — Marriage or family counseling	X			
Crutches	X			
Dental coinsurance — Amounts not covered by your or your spouse's dental plans	V			
Dental copayments	⊘			
Dental deductibles — Deductibles under your or your spouse's dental plans	V			
Dental expenses — Examples include fees for X rays, fillings, braces, extractions, crowns, and orthodontia	⊘			
Dental implants — Fees for insertion of artificial tooth, bone grafting, and follow-up care	V			
Dental reasonable/customary — Amounts not paid by a dental plan that exceed reasonable and customary limits	⊘			
Dentures — Costs include dental fees, cleaning products, and adhesives	V			

			© ©	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Diabetic supplies — Examples include insulin, needles, and testing strips	X			
Diaper service — Cost for an agency that delivers and picks up cloth diapers	X			
Diapers (adult)Diapers necessary as a result of a medical condition	X			
Diapers (child)	X			
Dietician services — Fees paid to a dietician when referred by a doctor for treatment of a medical condition	X			
Disability construction costs — Examples include constructing entrance or exit ramps, adding handrails, or modifying stairways at a personal residence for disability of an employee or dependent	X			
Disability equipment — Equipment installed in the home or car for use by a disabled employee or dependent	X			
DNA testing — DNA testing for paternal responsibility	X			
Ear wax removal materials — Kits and ear drops prescribed by a doctor for a medical condition	X			
Earplugs — Plugs prescribed by a doctor for a medical condition	X			
Erectile dysfunction — Nonprescription medication, herbal remedies, and nutritional supplements	X			
Erectile dysfunction — Prescription medication to treat a medical condition	X			

		EligibleIneligiblePotentially Eligible
Expense	Covered?	More Details
Exercise equipment — Equipment prescribed by a doctor for the treatment of a medical condition	X	
Exercise equipment — Equipment used for general health purposes or prevention of an undiagnosed disease	X	
Eye examinations		
Eye surgery — Surgery to correct defective vision	V	
Eyeglass tinting and coating	V	
Eyeglasses — Costs include prescription glasses and nonprescription reading glasses	V	
Flu shots	X	
Fluoride treatment — Costs include installation and monthly rental charges of a home fluoride water unit, when recommended by a dentist	Ø	Products for general health or cosmetic purposes (such as mouthwash and toothpaste) aren't eligible.
Food (prescribed) — Foods prescribed by a doctor to treat a medical condition. Examples are specialty baby formula and lactose-free foods. Costs are limited to those that exceed common versions of the product	X	
Funeral and burial expenses	X	
Future payments — Down payments or payments for services that have not been rendered or products not received	X	

			© ©	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Hair regrowth treatment — Prescription and nonprescription medication used for cosmetic purposes. Examples include products to treat male pattern baldness and the effects of aging	X			
Hair regrowth treatment — Prescription and nonprescription medication used to improve a deformity related to a congenital abnormality or an injury resulting from an accident, trauma, or disfiguring disease	X			
Health care supplies — Examples include band aids, gauze, elastic wraps and bandages, braces, and supports	X			
Health club or YMCA dues — Individual membership and personal trainer fees when prescribed by a doctor to treat a specific medical condition	X			
Health club or YMCA dues — Membership and personal trainer fees for general health or to relieve mental or physical stress not related to a specific medical condition	X			
Hearing aids	X			
Hearing coinsurance — Amounts not covered by your or your spouse's hearing plans	X			
Hearing copayments	X			
Hearing deductible — Deductibles under your or your spouse's hearing plans	X			
Hearing expenses — Costs include examinations and hearing aid batteries	X			
Hearing reasonable/customary — Amounts not paid by a hearing plan that exceed reasonable and customary limits	X			

			© ©	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Hearing-impaired phone tools — Telephone equipment that allows a hearing-impaired person to communicate over a regular telephone	X			
Hearing-impaired TV equipment — Equipment that displays the audio part of television programs as subtitles for a hearing-impaired person	X			
Herbal remedies — Remedies prescribed by a doctor for a medical condition	X			
Hospital care — Inpatient care, including the cost of a private room	X			
Household help — Expenses for help with physical housework, even if recommended by a doctor, due to an inability of the employee, dependent, or retiree	X			
Humidifiers — Cost of portable units prescribed by a doctor for treatment of a medical condition	X			
Hypnosis – Hypnosis prescribed by a doctor for medical reasons	X			
Illegal medical treatment — Including surgery	X			
Immunizations	X			
Infertility — Treatments for infertility, including artificial insemination, in-vivo or in-vitro fertilization, embryo placement, egg and sperm storage, and ovulation monitors	X			
Laboratory and X ray fees	X			

			♡ ♡ ♡	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Laetrile — Anti-cancer drug	X			
Language training — Training for a child with dyslexia or other learning disabilities. Fees for regular schooling aren't eligible	X			
LASIK surgery	V			
Lead-based paint removal — Costs for residences with children who have or had lead poisoning	X			
Legal fees — Fees paid to authorize treatment for mental illness, excluding guardianship or estate management fees	X			
Lens replacement insurance — Insurance to replace eyeglass or contact lenses	X			
Life insurance premiums — Premiums paid for the following policies: life insurance, repayment for loss of earnings, and accidental loss of life, limbs, or sight	X			
Lodging — Cost of lodging not provided in a hospital or similar institution while away from home if primarily for and essential to medical care (limited to \$50 per person per night)	X			
Long-term care facility fees — Fees for room and board at a long-term care facility	X			
Massage therapy — Therapy prescribed by a doctor to treat an injury or trauma	X			
Massage therapy — Therapy to relieve stress or general health purposes	X			
Mastectomy-related products — Examples include breast prosthesis and specialty bras	X			

			© 3	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Maternity care — Service and supplies from doctors, midwives, clinics, hospitals, and laboratories	X			
Maternity clothes	X			
Mattresses — Mattresses prescribed by a doctor to treat a medical condition	X			
Medic alert identifications — Bracelet or necklace prescribed by a doctor in connection with treating a medical condition	X			
Medical alert programs — Expenses include installation of equipment and monthly monitoring fees	X			
Medical coinsurance — Amounts not covered by your or your spouse's medical plans	X			
Medical conference — Admission and transportation costs	X			
Medical contract fees — Fees paid for exclusive provider care (examples include concierge services, boutique fees, and retainer fees)	X			
Medical copayments	X			
Medical deductibles — Deductibles under your or your spouse's medical plans	X			
Medical equipment — Costs to buy or rent durable equipment prescribed by a medical practitioner to alleviate or treat a medical condition. Examples include medical beds, nebulizers, and sleep therapy devices	X			

		EligibleIneligiblePotentially Eligible
Expense	Covered?	More Details
Medical expenses — Medical Expenses such as copays or coinsurance for doctor visits and prescriptions incurred after you have met your applicable deductible. Expenses incurred before you meet your annual medical deductible are not eligible for reimbursement.	?	You must provide an EOB from your medical insurance plan showing the date the annual deductible has been met.
Medical information — Amounts paid to a medical information plan for storage and retrieval of medical information	X	
Medical reasonable/customary — Amounts not paid by a medical plan that exceed reasonable and customary limits	X	
Medical services — Services provided by doctors, surgeons, specialists, or other medical practitioners	X	
Medical supplies — Over-the-counter items such as bandages, thermometers, and heating pads	X	
Medicare Part B Premiums	X	
Medicare Part D Premiums	X	
Mental health — Includes psychoanalysis or amounts paid to a psychiatrist, psychologist, hospital, clinic, or mental health facility for medical care	X	
Mentally handicapped home — Costs of keeping a mentally handicapped person in a special home, as recommended by a psychiatrist, to help the person adjust from life in a mental hospital to community living	X	
Nursing or retirement home fee — Fees for custodial services. Examples include room and board	X	

Your spending $ACCOUNT^{\mathsf{m}}$

			♡ ♡	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Nursing or retirement home fee — Fees for medical services. Examples include fees for doctors, therapists, and other medical practitioners	X			
Nursing services for newborns — Services by a nurse or attendant to care for a normal and healthy newborn at a hospital or at home	X			
Nursing services — Wages and other amounts paid for nursing services to a patient at home or in a facility, such as a nursing home or rehabilitation center	X			
Nutritional supplements — Supplements prescribed by a doctor to treat a diagnosed medical condition	X			
Nutritional supplements — Supplements taken for general health purposes. Examples include protein supplements, energy bars, and sports drinks	X			
Occupational therapy — Therapy received as medical treatment	X			
Organ donor — Surgical, hospital, laboratory, and transportation expenses for an organ donor, if you paid the donor's expenses	×			
Orthodontic fees — Orthodontic fees paid in a lump sum and in monthly installments	V			
Orthopedic shoes and inserts — Shoes and inserts prescribed by a doctor for a medical condition. Costs are limited to those that exceed the cost of regular footwear	X			
Over-the-counter medicine — Medications taken for general health purposes	X			

			⊘	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Over-the-counter medicine — Medications taken to relieve pain, colds, and medical conditions	X			
Oxygen or oxygen equipment — Costs for rental or purchased equipment to relieve breathing problems caused by a medical condition	X			
Pain relievers	X			
Personal-use items — Includes toiletries and cosmetics	X			
Personal-use items — Personal-use item used to prevent or ease a physical or mental defect or illness. Costs are limited to those that exceed common versions of the product	X			
Physical examinations — Routine physical examinations and related charges	X			
Physical therapy — Therapy prescribed by a doctor as treatment for a medical condition	X			
Premiums for medical insurance — Premiums paid on an after-tax basis for any type of medical, dental, or vision insurance coverage, including premiums for private insurance not provided by an employer	X			
Prenatal vitamins — Vitamins prescribed by a doctor for use during pregnancy	X			
Prescription drugs — Exceptions may apply to drugs prescribed for cosmetic or general health purposes	X			

		EligibleIneligiblePotentially Eligible
Expense	Covered?	More Details
Prosthetics	X	
Psychiatric care — Medical costs for psychiatric care	X	
Psychiatric expenses — Includes psychoanalysis or amounts paid to a psychologist for medical care	X	
Reading glasses — Nonprescription reading glasses	V	
Sales taxes — Sales and service taxes on eligible medical care or products	X	
Saline solution — Including solutions for eyes, ears, and nose	V	
School (alternative) — Costs of sending a problem child to an alternative school for benefits the child may receive from the course of study and disciplinary methods. Examples include court-ordered programs	X	
School payments for disabled — Expenses paid to an alternative school for a child with a severe learning disability if the main reason is using the school's resources to relieve the disability	X	
Service animals — Costs of obtaining and training a guide dog or other animal to provide assistance to a person with a disability	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability.
Shipping — Charges to ship an eligible medical product	?	The shipping charges must be related to an eligible product. You may be required to provide a statement of medical necessity from a licensed health care professional describing the medical condition, the product prescribed, and the length of treatment. Shipping related to products for general health purposes aren't eligible.

		EligibleIneligiblePotenti	
Expense	Covered?	More Details	
Social activities — Activities such as dancing or swimming lessons, even if recommended by a doctor for general health improvement	X		
Speech therapy — Speech therapy costs when prescribed as treatment for a specific medical condition (such as autism, dyslexia, developmental delays, and rehabilitation)	X		
Sterilization — Costs of sterilization (vasectomy or tubal ligation) and reversal of sterilization operations	X		
Stop-smoking program — Over the counter products used to stop smoking	X		
Stop-smoking program — Prescription drugs and medical services to stop smoking	X		
Sunglasses — Non prescription sunglasses prescribed by an eye doctor for light sensitivity	3	You must provide a statement of medical necessity licensed health care professional describing the me condition, the product prescribed, and the length of treatment. Products for general health purposes are eligible.	edical
Support hose — Hose prescribed by a doctor for a medical condition	X		
Taxes — Social Security and Medicare taxes paid for a nurse, attendant, or other person who provides medical care	X		
Teeth whitening or bonding — Costs include bleaching, special whitening toothpaste, and bonding of teeth. These expenses are always considered cosmetic and aren't eligible	×		
Toothbrush — Any type of toothbrush, even if recommended by a dentist or orthodontist	X		

		EligibleIneligiblePotentially Eligible
Expense	Covered?	More Details
Transgender services — Examples include hormone therapy, counseling, and surgery	X	
Transportation expenses — Costs to receive medical care, including airfare, parking, tolls, taxis, rental cars, buses, gas for your car, or mileage	X	
Tutoring — Tutoring fees, recommended by a doctor, for a child who has severe learning disabilities caused by a mental or physical impairment, including nervous system disorders	X	
Umbilical cord storage — Costs to collect, freeze, and store umbilical cord blood only when a medical condition is present	X	
Uniforms	X	
UVR treatments — Ultraviolet radiation treatments recommended by a doctor for a medical condition, such as chronic psoriasis	X	
Vacation or travel — Time off or travel for general health purposes	X	
Vaccinations — Amounts paid for vaccinations or immunizations against disease	X	
Varicose vein surgery — Expenses associated with the removal of varicose veins, when prescribed by a doctor for treatment of a medical condition	X	
Veneers — Fees for veneers, when covered by an insurance plan or recommended by a dentist as the only course of treatment	3	You must provide a statement from a dentist indicating that the veneers are not for cosmetic or general health purposes and are the only suitable course of treatment.

			♡ ♡	Eligible Ineligible Potentially Eligible
Expense	Covered?	More Details		
Vision coinsurance — Amounts not covered by your or your spouse's vision plans	V			
Vision copayments				
Vision deductibles — Deductibles under your or your spouse's vision plans	V			
Vision expenses — Costs not covered by a vision plan	V			
Vision reasonable/customary — Amounts not paid by a vision plan that exceed reasonable and customary limits	V			
Vitamins — If prescribed by a doctor to treat a diagnosed medical condition; not eligible if simply taken for general health purposes	X			
Vitamins — Taken for general health purposes	X			
Walking aids — Examples include canes, walkers, and crutches	X			
Warranties — Warranties purchased for health-related equipment	X			
Weight loss — Program for general health	X			
Weight loss — Program prescribed by a doctor to treat a diagnosed medical condition	X			
Wheelchair	X			



The above list represents expenses that are frequently submitted for reimbursement under a Limited Use Health Care Spending Accounts (LU FSA) and are generally eligible under a limited use health care flexible spending account (FSA). This list is not intended to be exhaustive and is intended only to be used as a general guide to help with understanding. Medical expenses, including costs related to prescription medications, are not eligible under a limited use limited use health care flexible spending account until after you have met your deductible. Determination of whether an expense or OTC medicine/drug is eligible, ineligible, or requires a prescription will depend on the item. Consequently, expenses contained in this generally eligible list may be denied if the supporting claims documentation is insufficient or shows that the expense was incurred for services not considered medically necessary, such as cosmetic procedures. Reimbursement will be made in accordance with the plan rules as described in the Summary Plan Description. If the case of a conflict between your plan documents and any information on this website, the plan documents will govern.

** As part of the new 2011 Health Care Reform legislation, the requirements for reimbursement of OTC medicines and drugs have changed. For expenses incurred on or after January 1, 2011, in addition to the required detailed receipt, all OTC medicines and drugs must be prescribed (on a prescription pad or form) for a known medical condition by an authorized healthcare provider dated on or before the date you incurred the expense to be eligible for reimbursement from an FSA account. Prescriptions for OTC medicines and drugs must meet the same requirements as any prescription medicine or drug for the state in which the expense is incurred.