



What

Debt is money that you owe.

Types

You may have debt from different sources, such as student loans, a mortgage, credit cards or car loans.

Ways to manage your debt

The right strategy for managing your debt depends on the details of your situation, such as whether or not you have the resources to meet your payments.

Here are some different strategies:

- Pay off high-interest debt first
- Pay off small balances first
- Refinance your mortgage
- Transfer credit card balances
- Consolidate your debt
- Negotiate with creditors
- Work with a credit counseling agency to develop a Debt Management Plan
- Or, settle with creditors

Limit your debt

It can be easier to manage your debt if you don't take on too much in the first place. Consider limiting your total debt payments to no more than 36%* of your income.

You don't have to go it alone. Your UBS Financial Advisor can help you identify the best approach for your situation. With a plan, you can feel more confident that you're in control so that you can focus on other areas of your life.

*"The Basics of Debt-to-Income Ratios," Credit.org. <https://credit.org/2011/04/07/debt-to-income-ratio/>.

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